

## Essential Eligibility Criteria

### For all activities participants must:

- Be able to perceive and comprehend the inherent risks of the activity, including but not limited to those identified by Estuary Partnership staff.
- Remain alert and oriented for the duration of the outing or activity.
- With or without reasonable accommodation be able to effectively signal or notify LCEP staff of distress, injury, or need for assistance.
- Manage all personal care with or without reasonable accommodation or assistance (Estuary Partnership staff are unable to provide assistance with personal care tasks).
- Be able to follow spoken instructions with or without the use of a companion, interpreter, or adaptive equipment.
- Be able to tolerate variable weather conditions associated with outdoor activities.

### For paddle activities, in addition to the above criteria, participants must:

- Be able to hold their breath if underwater.
- Tolerate wearing a snug, properly fit life jacket for the duration of the activity.
- Move from face down to face up position in the water, keeping their face above water while wearing a life jacket.
- Maintain a safe and appropriate body position inside the canoe for the duration of the outing.
- Be able to enter and exit the canoe with or without reasonable assistance of a companion (Estuary Partnership staff cannot assist with transfers).
- Independently get out from under a capsized boat, and be able to reenter the boat either independently OR cooperate calmly with an assisted rescue.

For school activities, assuming participants are able to meet the general criteria, please contact [vpufal@estuarypartnership.org](mailto:vpufal@estuarypartnership.org) to arrange accommodations as necessary.