



### Essential Eligibility Criteria

#### **For all activities participants must...**

- Be able to perceive and comprehend the inherent risks of the activity, including but not limited to those identified by Estuary Partnership staff
- Remain alert and oriented for the duration of the outing or activity
- With or without reasonable accommodation be able to effectively signal or notify LCEP staff of distress, injury, or need for assistance
- Manage all personal care with or without reasonable accommodation or assistance (Estuary Partnership staff are unable to provide assistance with personal care tasks)
- Be able to follow spoken instructions with or without the use of a companion, interpreter, or adaptive equipment
- Be able to tolerate variable weather conditions associated with outdoor activities

#### **For paddle activities, in addition to the above criteria, participants must...**

- Be able to hold their breath if underwater
- Tolerate wearing a snug, properly fit life jacket for the duration of the activity
- Move from a face down to a face up position in the water, keeping their face above water while wearing a life jacket
- Maintain a safe and appropriate body position inside the canoe for the duration of the outing
- Be able to enter and exit the canoe with or without reasonable assistance of a companion (Estuary Partnership staff cannot assist with transfers)
- Independently get out from under a capsized boat, and be able to reenter the boat either independently OR cooperate calmly with an assisted rescue

**For school activities, assuming participants are able to meet the general criteria, please contact the Access and Inclusion Coordinator at [cbordley@estuarypartnership.org](mailto:cbordley@estuarypartnership.org) to arrange accommodations as necessary**